

# DANCE CLASS DESCRIPTIONS

## **Intro to Dance** | *Grades 4K-K*

This class introduces young dancers to the joy of movement through creative movement, basic ballet, and beginner jazz. Dancers will build coordination, musicality, and confidence in a fun and supportive environment designed just for 4-year-olds.

## **Combo** | *Grades K-5*

This class is designed to give younger dancers a well-rounded foundation by exploring ballet, jazz, and tap all in one class. Students will develop coordination, rhythm, and technique while discovering their favorite styles in a fun and engaging setting.

## **Ballet** | *Grades 4-12*

This class provides dancers with a strong technical foundation while focusing on proper body alignment, strength, and control. Through barre work, center exercises, and across-the-floor combinations, dancers will build discipline, flexibility, and grace.

## **Contemporary / Modern** | *Grades 4-12*

This class introduces dancers to a versatile style that emphasizes the use of the floor for centering and grounding movement. Dancers will explore modern dance technique while developing musicality, movement quality, and creativity through improvisation.

## **Lyrical** | *Grades 6-12*

This class focuses on expressing emotion through movement. Rooted in ballet technique, dancers will learn to connect choreography to music and lyrics while building control, fluidity, and artistry.

## **Jazz** | *Grades 6-12*

This high-energy class focuses on building strong jazz technique, including turns, jumps, kicks, and leaps. Dancers will develop strength, flexibility, and performance quality while learning dynamic and engaging combinations.

## **Musical Theatre** | *Grades 6-12*

This class combines jazz-based dance technique with storytelling and performance. Dancers will learn fun, expressive choreography inspired by Broadway shows and movie musicals while building confidence and stage presence.

## **Tap** | *Grades 6-12*

This class focuses on developing strong tap technique while emphasizing rhythm, timing, and sound. Dancers will learn to create clear, intricate footwork while building coordination, musicality, and performance quality through engaging combinations.

## **Hip-Hop** | *Grades 3-12*

This high-energy class focuses on current hip-hop styles and choreography set to today's music. Dancers will develop musicality, dynamics, and personal style while building confidence and performance quality in a fast-paced, high-energy environment.